



Wil la mootk provides counseling services for individuals and their families. We utilize a strength-based approach, helping clients utilize their own talents and abilities in a collaborative journey of health and healing. We are your invited guest and are honored to walk alongside you in your journey of healing and change.

Our mission is to provide hope for wholeness to strengthen quality of life.



Wil la mootk Counseling Center
1271 8th Avenue
Metlakatla, AK 99926
907-886-6911 Fax: 907-886-6917
Tiffiney McKeehan, Director
www.facebook.com/MICWillamootk



**Wil la mootk
Counseling
Center**

Wil la mootk offers the following evidence-based practices:

- Play Therapy
- Sand Tray/Sand Play Therapy
- Cognitive Behavioral Therapy (CBT)
- Mindfulness Therapy
- Creative Therapy
- Interpersonal Neurobiology (IPNB)



Wil la mootk Counseling Center is an outpatient behavioral health clinic and a trauma informed organization. We use an integrated clinical approach towards healing and change. Our foundational therapeutic practice is client centered therapy integrated with the evidence based therapeutic theories and practices listed above.

Our services include:

- Behavioral Health Screening
- Mental Health Assessment
- Substance Use Assessment
- Treatment Plan Development and Review
- Case Management
- Intensive Case Management
- Therapeutic Behavioral Health Services (individual, family, group)
- Community Recovery Support Services (BH and SUD)
- Home-Based Family Treatment Services (Level 1, 2, 3)
- Individual and Family Psychotherapy
- Short Term Crisis Stabilization
- Short Term Crisis Intervention
- Therapeutic Treatment Home [Foster Care] Direction/Supervision (by referral)
- Court-mandated Behavioral Health Services (by referral)

Wil la mootk offers culturally sensitive services:

We integrate community culture along with life skills training into our trauma focused clinical work. This approach promotes personal awareness and fosters healthy connections to family, community, and cultural heritage.



We have been a CARF accredited agency since 2014. Accreditation assists service providers to improve the quality of their services and meet internationally recognized standards.

